



LIMA BEAN SOUP WITH COLLARD GREENS

Ingredients:

- 2 C. Dried Baby Limas
- 1 C. Chopped Onion
- 1 C. Chopped Carrots
- 1 C. Chopped Celery
- 4-6 Cloves Garlic-Chopped(Optional)
- 3 Tbs. Vegetable Oil
- 4 C. Stock (Vegetable/Chicken/Beef)

Salt and Pepper

In 4 Quart Soup Pot Soak 2 C. Dried Limas Covered in Water 4-6 hrs

To Begin Cooking the Soup:

- 1. Drain Beans, Discard Soaking Water
- 2. Saute Onions, Celery, Carrots and Garlic in 3 Tbs. Oil to soften, 5-10 minutes
- 3. Combine Beans, Vegetables + 4 cups Stock, Salt and Pepper
- 4. Simmer on Low 1 to 1 ½ Hours
- 5. Check Soup After 1 hour, Add Water if Needed
- 6. When Beans are Cooked Through, Add 4 C. Chopped Collard Greens,
- 7. Simmer Until Tender and Serve.
- 8. Optional Ingredients: Ham/Sausage/Hot Sauce

Serves: 6 - 8 (8 - 1 Cup Servings)